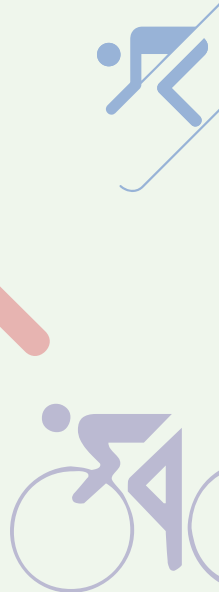
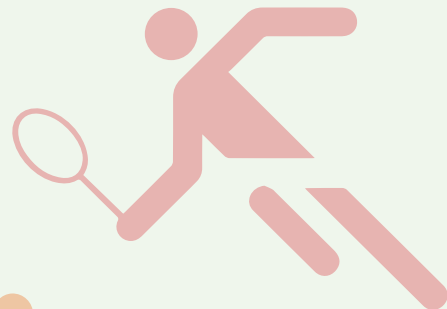
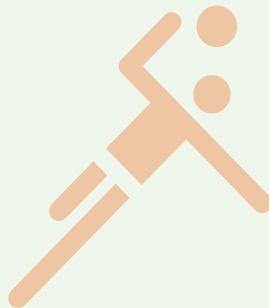
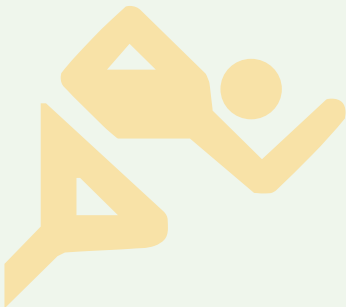




Final Programme

STOP SPORTS INJURIES - BACK TO SPORTS

3-4 November 2017
Munich, Germany



www.esma-conference.org

Under the patronage of



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Welcome

Dear Colleagues and Friends,

In May 2016, the ESMA (European Sports Medicine Associates) was established as a new section of ESSKA (European Society of Sports Traumatology, Knee Surgery and Arthroscopy). The aim of the section is to bring together the various disciplines of sports medicine including surgeons, sports-doctors, physical therapists, sports scientists, coaches and others.

On 3-4 November 2017, the first ESMA Open Meeting will take place in Munich, Germany. We are proud to announce that many leading figures from the world of sports medicine will take part in the Meeting and will present their experience in specific sports. For each topic we have invited an international expert to give a keynote lecture: Henrique Jones (Portugal), Daryl C. Osbahr (USA), Karl-Peter Benedetto (Austria), Stefano Della Villa (Italy), Lars Engebretsen (Norway). Dr. Osbahr, the chair of the AOSSM STOP outreach committee will present the "STOP Sports Injuries" programme which has been successfully established in the US. In addition to the outstanding quality in presentations of international experts, there is a workshop about "Innovative Treatment Options in Sports Medicine".

In line with the ESMA spirit, the Meeting is especially designed for all disciplines of sports medicine: Physicians, sport traumatologists, physiotherapists, sport scientists, coaches and sports managers are all welcome to this pioneering Meeting and the programme will address topics relevant, and of interest, to all of these disciplines and professions.

We look forward to welcoming you to Munich on occasion of this international Meeting in sports medicine.

Warm regards,

Hermann Mayr
ESMA Chairman

Mirco Herbort
ESMA Secretary

Karl-Peter Benedetto
ESMA Deputy Chairman

Werner Krutsch
ESMA Education Secretary

Scientific Programme

Friday, 3 November 2017

09:30-10:15

Registration, Welcome coffee

10:15-10:30

Opening

10'

Welcome by ESSKA President (*Romain Seil*)

5'

Welcome by ESMA Chairman (*Hermann Mayr*)

10:30-12:00

Health aspects of sports

Chair: Karl-Peter Benedetto, Hermann Mayr

14'

Keynote lecture: Common aspects of health in sports (*Henrique Jones*)

7'

• Football (*Stefano Della Villa*)

7'

• Triathlon (*Casper Grim*)

7'

• Cycling (*Jacques Menetrey*)

7'

• Dancing (*Patricia Thoreux*)

7'

• Alpine Skiing (*Hubert Hörterer*)

7'

• Tennis (*Emilio Lopez Vidriero*)

7'

• Athletics (*Emmanuel Papacostas*)

7'

• Handball (*Lior Laver*)

20'

• Discussion

12:00-13:30

Break & visit of exhibition

12:15-13:15

Company workshop

13:30-15:30

Stop sports injuries – Prevention in sports

Chair: Romain Seil, Jacques Menetrey

20'

Keynote lecture: STOP Sports Injuries Program – Keeping kids in the Game for Life
(*Daryl C. Osbahr*)

10'

• Football (*Henrique Jones*)

10'

• Handball (*Kai Fehske*)

10'

• Basketball (*Baris Kocaoglu*)

10'

• Ice Hockey (*Gernot Felmet*)

10'

• Tennis (*Michael Najfeld*)

10'

• Athletics (*Gian Luigi Canata*)

10'

• Rugby (*Michael Carmont*)

10'

• Alpine Skiing (*Karlheinz Waibel*)

20'

• Discussion

15:30-17:00

Break & visit of exhibition

15:45-16:45

Winglet Partner Event: Live from MUC

17:00-19:00

Therapy of sports injuries

10'

Keynote lecture: Management of severe sports accidents (*Karl-Peter Benedetto*)

17:10-17:30

Round table: Sideline Management of sports injuries

Moderator: Stefano Della Villa

Faculty: Michael Carmont, José Huylebroek, Hubert Hörterer, Henrique Jones, Matteo Denti, Jacques Menetrey, Lior Laver, Werner Krutsch, Emilio Lopez-Vidriero

o Therapy of overuse syndroms

o Therapy of ligament injuries

o Therapy of muscle injuries

17:30-17:50

Round table: Sports specific ACL reconstruction

Moderator: Hermann Mayr

Faculty: Patricia Thoreux, Ralph Akoto, Werner Krutsch, Kaywan Izadpanah, Andrey Korolev, Mirco Herbort, Matteo Denti, Karl-Peter Benedetto, Romain Seil, Helmut Hoffmann

Friday, 3 November 2017

- 17:50-18:10 **Round table:** Therapy of ankle injuries (Ligament/Achilles tendon)
Moderator: Michael Carmont
Faculty: Anja Hirschmüller, Gian Luigi Canata, Henrique Jones, Patricia Thoreux
- 18:10-18:30 **Round table:** Therapy of shoulder dislocations in athletes
Moderator: Andreas Imhoff
Faculty: Kai Fehske, Emilio Lopez-Vidriero, Lior Laver, Florian Haasters
- 18:30-19:00 **Symposium:** Cartilage and Muscle
Chair: Gian Luigi Canata, Gernot Felmet
- 10' • Osteochondral repair in athletes (*Peter Angele*)
 - 10' • Cell-based cartilage repair in athletes (*Philipp Niemeyer*)
 - 10' • Therapy of muscle injuries / avulsions (*Peter Ueblacker*)



Saturday, 4 November 2017

- 09:00-10:30 **Back to sports 1**
Chair: Werner Krutsch, Jose Huylebroek
- 15' **Keynote lecture:** Evidence in back to sports in football (*Stefano Della Villa*)
- 9' • Football (*Andrey Korolev*)
 - 9' • Competitive Sports (*Helmut Hoffmann*)
 - 9' • Alpine Skiing (*Karlheinz Waibel*)
 - 9' • Extreme Sports (*Sepp Braun*)
 - 9' • Handball (*Romain Seil*)
 - 9' • Sport specific and mental aspects in back to sports (*Hannes Wallner*)
 - 21' • Discussion
- 10:30-11:00 **Break & visit of exhibition**
- 11:00-12:30 **Back to sports 2**
Chair: Mirco Herbort, Henrique Jones
- 14' **Keynote lecture:** Criteria for the future algorithm in back to sports (*Lars Engebretsen*)
- 8' • Rugby (*Michael Carmont*)
 - 8' • Athletics (*Gian Luigi Canata*)
 - 8' • Tennis (*Radu Prejbeanu*)
 - 8' • Triathlon (*Casper Grim*)
 - 8' • Aspects of GOTS (*Thomas Tischer*)
 - 8' • After Shoulder Injury (*Andreas Imhoff*)
 - 8' • After Ankle Injury (*Niek van Dijk*)
 - 20' • Discussion
- 12:30-13:30 **ESMA General Assembly**

as of 10 October 2017



ESMA Faculty

Akoto, Ralph, Hamburg, Germany
Angele, Peter, Regensburg, Germany
Benedetto, Karl-Peter, Rum, Austria
Braun, Sepp, Munich, Germany
Brzoska, Roman, Bielsko-Biala, Poland
Canata, Gian Luigi, Turin, Italy
Carmont, Michael, Boningale/Wolverhampton, United Kingdom
Della Villa, Stefano, Bologna, Italy
Denti, Matteo, Gravesano, Switzerland / Monza, Italy
Engebretsen, Lars, Oslo, Norway
Fehske, Kai, Würzburg, Germany
Felmet, Gernot, Villingen-Schwenningen, Germany
Grim, Casper, Osnabrück, Germany
Haasters, Florian, Munich, Germany
Herbort, Mirco, Münster, Germany
Hirschmüller, Anja, Freiburg, Germany
Hoffmann, Helmut, Donaustauf, Germany
Hörterer, Hubert, Rottach-Egern, Germany
Huylebroek, Jose, Brussels, Belgium
Imhoff, Andreas B., Munich, Germany
Izadpanah, Kaywan, Freiburg, Germany
Jones, Henrique, Montijo, Portugal
Kocaoglu, Baris, Istanbul, Turkey
Korolev, Andrey, Moscow, Russian Federation
Krutsch, Werner, Regensburg, Germany
Laver, Lior, Tel-Aviv, Israel
Lopez Vidriero, Emilio, Seville, Spain
Mayr, Hermann, Munich, Germany
Menetrey, Jacques, Geneva, Switzerland
Najfeld, Michael, Munich, Germany
Niemeyer, Philipp, Munich, Germany
Osbahr, Daryl C., Orlando, United States of America
Papacostas, Emanuel, Thessaloniki, Greece
Prejbeanu, Radu, Timisoara, Romania
Seil, Romain, Luxembourg, Luxembourg
Thoreux, Patricia, Bobigny, France
Tischer, Thomas, Rostock, Germany
Ueblacker, Peter, Munich, Germany
van Dijk, C. Niek, Amsterdam, The Netherlands
Waibel, Karlheinz, Planegg, Germany
Wallner, Hannes, Saalfelden, Austria

Industry

Workshop

Friday, 3 November 2017, 12:15-13:15



Exhibitors

We thank all exhibitors for their extraordinary support!

Company

Arthrex GmbH
DJO Global/Ormed GmbH
ESSKA a.s.b.l.
Geistlich Biomaterials Vertriebsgesellschaft mbH
Human Kinetics Europe Ltd
Kanzlspurger GmbH
Medacta International SA
medi GmbH & Co. KG
Medivid GmbH
MTS Medical UG
novel GmbH
OPED GmbH
Ormosys Firma Langmeier
REV-MED International GmbH
STORZ MEDICAL AG
Stryker GmbH & Co. KG
TRB Chemedica AG
Zimmer Biomet Deutschland GmbH

Innovative Treatment Options in Sports Medicine

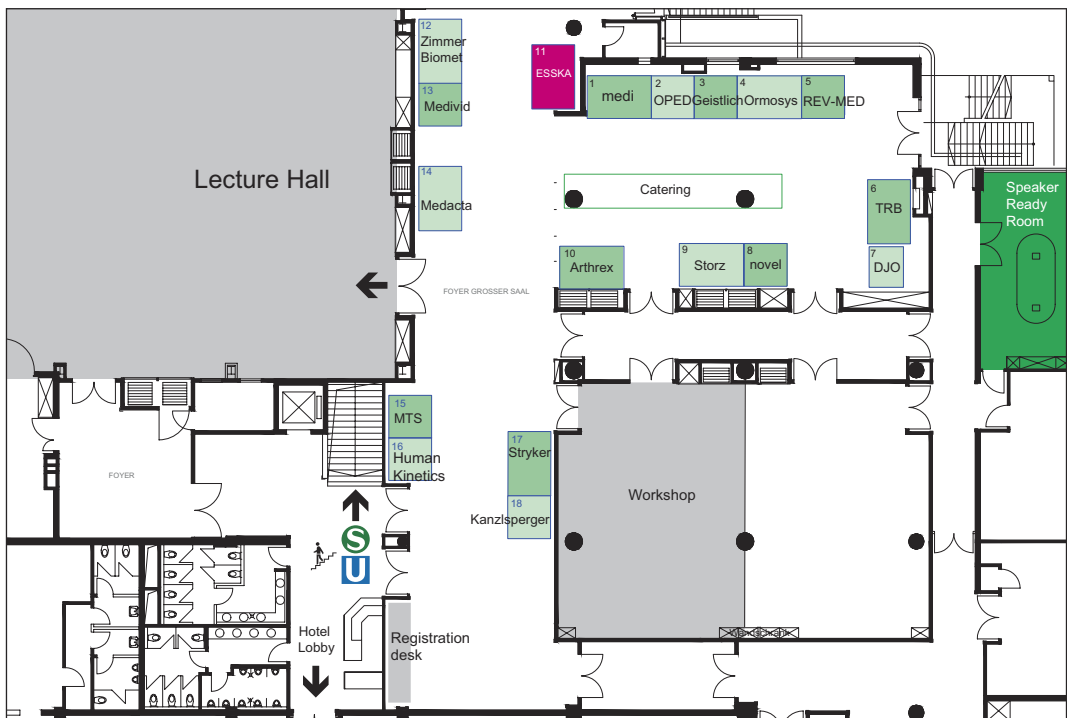
Osteotomy Options in Knee Treatment (*Karl-Peter Benedetto*)

Individual ACL Surgery (*Robbert van Dijk*)

Biology of Tendon Injuries and the Treatment Options
(*Gerald Zimmermann*)

Booth-No.

City, Country	Booth-No.
81249 Munich, Germany	10
79100 Freiburg, Germany	7
1460 Luxembourg, Luxembourg	11
76534 Baden-Baden, Germany	3
LS28 6AT Stanningley, Leeds, United Kingdom	16
92361 Bergau, Germany	18
6874 Castel San Pietro, Switzerland	14
95448 Bayreuth, Germany	1
22145 Stapelfeld, Germany	13
78467 Konstanz, Germany	15
81675 Munich, Germany	8
83626 Valley/Oberlandern, Germany	2
83064 Raubling, Germany	4
81677 Munich, Germany	5
8274 Tägerwilen, Switzerland	9
47228 Duisburg, Germany	17
85622 Feldkirchen, Germany	6
79100 Freiburg, Germany	12



Date: 9 October 2017



STOP SPORTS INJURIES – BACK TO SPORTS



Information

Organised by

Hermann Mayr (Germany)
Mirco Herbort (Germany)
Karl-Peter Benedetto (Austria)
Werner Krutsch (Germany)

Venue and hotel

Holiday Inn Munich – City Centre
Hochstraße 3
81669 Munich
Germany

Fiscal organiser, congress and exhibition management

Intercongress GmbH
Wilhelmstr. 7
65185 Wiesbaden
Germany
esma-conference@intercongress.de
www.intercongress.de



INTERCONGRESS

www.esma-conference.org

Registration

Please register online at
www.esma-conference.org/registration

30 June 2017 Deadline early registration
30 September 2017 Deadline regular registration
from 1 October 2017 Beginning late registration

Registration fees

	ESMA member	ESSKA member	Reduced fee*	Non member
Early registration	EUR 190	EUR 210	EUR 90	EUR 250
Regular registration	EUR 230	EUR 260	EUR 120	EUR 280
Late registration	EUR 250	EUR 280	EUR 180	EUR 310

*Non-physician, resident, trainee, student, physiotherapist, coach

Accommodation

Convenient, comfortably, cost-effective:
Book your overnight stay directly at the congress venue – the Holiday Inn Munich – City Centre hotel.

Holiday Inn Munich – City Centre

Hochstraße 3, 81669 Munich, Germany

postoffice@muchb.holidayinn.com

Booking Code: ESSKA ESMA Open Meeting

Language

The congress language is English. No translation.

CME accreditation

The meeting has been awarded with the following credits by the Bavarian Doctor's Chamber in category B:
Friday morning: 3 credits
Friday afternoon: 3 credits
Saturday morning: 3 credits

Important: Doctors need to validate their participation by signing an attendance list at the registration desk on Friday in the morning as well as in the afternoon and on Saturday in the morning.

Opening hours of registration desk

Friday, 3 November 2017 09:00 – 19:30
Saturday, 4 November 2017 08:30 – 13:00

Opening hours of the exhibition

Friday, 3 November 2017 09:30 – 21:00
Saturday, 4 November 2017 08:30 – 13:30

Important note

It is only allowed to film and/or photograph for private use of the material.



ESSKA-ESMA membership

Become an ESSKA-ESMA member and take advantage of reduced Congress registration fees and many more benefits! Further information online at www.esma-conference.org

Please check room availability and prices online at
www.holidayinn.com

See You in Scotland!

18th ESSKA Congress 9 – 12 May 2018



Glasgow, UK

REGISTER NOW

Reduced fees
available before
25 February 2018



PROGRAMME OUTLINE

Surgical Pre-Courses, Instructional Courses, Invited Lectures, Symposia, Debates, Keynote Lectures, Live Surgical Demonstrations, Free Papers and Electronic Posters, PT Programme, Comprehensive Sports Medicine Review Course

PRELIMINARY SCHEDULE

Time	7 May 2018 Monday	8 May 2018 Tuesday	9 May 2018 Wednesday	10 May 2018 Thursday	11 May 2018 Friday	12 May 2018 Saturday	
07:30 - 09:00				ICL	ICL	ICL	
09:00 - 12:00	Surgical Pre-Course Shoulder Arthroscopy	Surgical Pre-Course Knee Arthroscopy	Morning sessions	Morning sessions	Morning sessions	Morning sessions	
12:00 - 14:00			Lunch break, lunch symposia, industrial exhibition				Adjourn
14:00 - 18:00			Afternoon sessions	Afternoon sessions	Afternoon sessions		
Evening			Welcome Reception		ESSKA Dinner & Party		

For details, registration and accommodation booking please consult:
www.esska-congress.org

Organiser & Contact
Intercongress GmbH
esska@intercongress.de



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