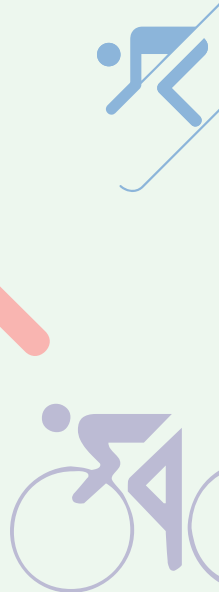
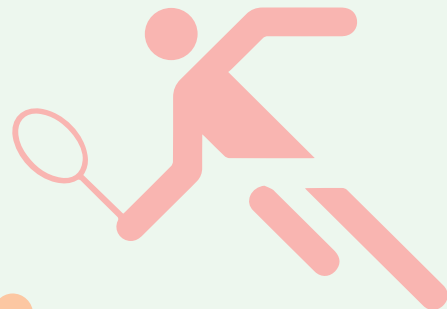
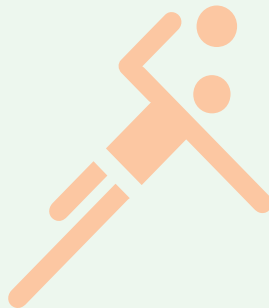
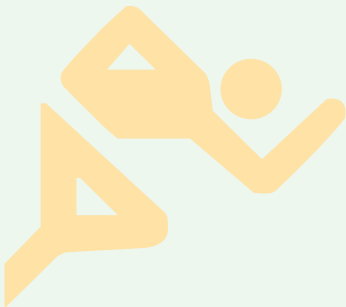




Programme

STOP SPORTS INJURIES - BACK TO SPORTS

3-4 November 2017
Munich, Germany



www.esma-conference.org

Under the patronage of



Welcome

Dear Colleagues and Friends,

in May 2016, the ESMA (European Sports Medicine Associates) was established as a new section of ESSKA (European Society of Sports Traumatology, Knee Surgery and Arthroscopy). The aim of the section is to bring together the various disciplines of sports medicine including surgeons, sports-doctors, physical therapists, sports scientists, coaches and others.

On 3-4 November 2017, the first ESMA Open Meeting will take place in Munich, Germany. We are proud to announce that many leading figures from the world of sports medicine will take part in the Meeting and will present their experience in specific sports. For each topic we have invited an international expert to give a key note lecture: Henrique Jones (Portugal), Daryl C. Osbahr (USA), Karl-Peter Benedetto (Austria), Stefano Della Villa (Italy). Dr. Osbahr (USA) the chair of the AOSSM STOP outreach committee will present the "STOP sports injuries" programme which has been successfully established in the US. In addition to the outstanding quality presentations of international experts there will be various workshops organised in the field of sports medicine.

In line with the ESMA spirit, the Meeting is especially designed for all disciplines of sports medicine: Physicians, sport traumatologists, physiotherapists, sport scientists, coaches and sports managers are all welcome to this pioneering meeting and the programme will address topics relevant, and of interest, to all of these disciplines and professions.

We look forward to welcoming you to Munich on occasion of this international meeting of sports medicine.

Warm regards,



Hermann Mayr
ESMA Chairman



Mirco Herbort
ESMA Secretary



Karl-Peter Benedetto
ESMA Deputy Chairman



Werner Krutsch
ESMA Education Secretary

Scientific Programme

Friday, 3 November 2017

9:30-10:15 Registration, Welcome coffee

10:15-10:30 Opening

10' Welcome by ESSKA President (*Romain Seil*)

5' Welcome by ESMA Chairman (*Hermann Mayr*)

10:30-12:00 Health aspects of sports

Chair: Karl-Peter Benedetto, Hermann Mayr

14' **Keynote lecture:** Common aspects of health in sports (*Henrique Jones*)

8' • Football (*Stefano Della Villa*)

8' • Triathlon (*Casper Grim*)

8' • Cycling (*Jacques Menetrey*)

8' • Dancing (*Patricia Thoreux*)

8' • Alpine Skiing (*Hubert Hörterer*)

8' • Tennis (*Emilio Lopez Vidriero*)

8' • Athletics (*Emmanuel Papacostas*)

20' • Discussion

12:00-13:30 Break & visit of exhibition

12:15-13:15 Company workshops

13:30-15:30 Stop sports injuries – Prevention in sports

Chair: Romain Seil, Jacques Menetrey

20' **Keynote lecture:** STOP Sports Injuries Program – Keeping kids in the Game for Life
(*Daryl C. Osbahr*)

10' • Football (*Henrique Jones*)

10' • Handball (*Kai Fehske*)

10' • Basketball (*Baris Kocaoglu*)

10' • Ice Hockey (*Gernot Felmet*)

10' • Tennis (*Michael Najfeld*)

10' • Athletics (*Gian Luigi Canata*)

10' • Rugby (*Michael Carmont*)

10' • Alpine Skiing (*Karlheinz Waibel*)

20' • Discussion

15:30-17:00 Break & visit of exhibition

15:45-16:45 Company workshops

17:00-19:00 Therapy of sports injuries

10' **Keynote lecture:** Management of severe sports accidents (*Karl-Peter Benedetto*)

17:10-17:30 **Round table:** Sideline Management of sports injuries

Moderator: Stefano Della Villa

Faculty: Michael Carmont, José Huylebroek, Hubert Hörterer, Henrique Jones, Matteo Denti, Jacques Menetrey, Werner Krutsch, Emilio Lopez-Vidriero

o Therapy of overuse syndroms

o Therapy of ligament injuries

o Therapy of muscle injuries

17:30-17:50 **Round table:** Sports specific ACL reconstruction

Moderator: Hermann Mayr

Faculty: Patricia Thoreux, Ralph Akoto, Werner Krutsch, Kaywan Izadpanah, Andrey Korolev, Mirco Herbort, Matteo Denti, Karl-Peter Benedetto, Romain Seil, Helmut Hoffmann

Friday, 3 November 2017

- 17:50-18:10 **Round table:** Therapy of ankle injuries (Ligament/Achilles tendon)
Moderator: Michael Carmont
Faculty: Anja Hirschmüller, Gian Luigi Canata, Henrique Jones, Patricia Thoreux
- 18:10-18:30 **Round table:** Therapy of shoulder dislocations in athletes
Moderator: Andreas Imhoff
Faculty: Kai Fehske, Emilio Lopez-Vidriero, Lior Laver, Florian Haasters, Angelina Lukaszenko
- 18:30-19:00 **Symposium:** Cartilage and Muscle
Chair: Gian Luigi Canata, Gernot Felmet
- 10' • Osteochondral repair in athletes (*Peter Angele*)
 - 10' • Cell-based cartilage repair in athletes (*Philipp Niemeyer*)
 - 10' • Therapy of muscle injuries / avulsions (*Peter Uebli*)



Saturday, 4 November 2017

- 09:00-10:30 **Back to sports 1**
Chair: Werner Krutsch, Jose Huylebroek
- 14' **Keynote lecture:** Evidence in back to sports in football (*Stefano Della Villa*)
- 8' • Football (*Andrey Korolev*)
 - 8' • Back to Football with Osgood-Schlatter Disease (*Angelina Lukaszenko*)
 - 8' • Competitive Sports (*Helmut Hoffmann*)
 - 8' • Alpine Skiing (*Karlheinz Waibel*)
 - 8' • Extreme sports (*Sepp Braun*)
 - 8' • Handball (*Romain Seil*)
 - 8' • Sport specific and mental aspects in back to sports (*Hannes Wallner*)
 - 20' • Discussion
- 10:30-11:00 **Break & visit of exhibition**
- 11:00-12:30 **Back to sports 2**
Chair: Mirco Herbort, Henrique Jones
- 14' **Keynote lecture:** Criteria for the future algorithm in back to sports (*Mirco Herbort*)
- 8' • Rugby (*Michael Carmont*)
 - 8' • Athletics (*Gian Luigi Canata*)
 - 8' • Tennis (*Radu Prejbeanu*)
 - 8' • Triathlon (*Casper Grim*)
 - 8' • Aspects of IOC (*Markus Walden*)
 - 8' • After Shoulder injury (*Andreas Imhoff*)
 - 8' • After Ankle injury (*Niek van Dijk*)
 - 20' • Discussion



ESMA Faculty

Akoto, Ralph, Hamburg, Germany
Angele, Peter, Regensburg, Germany
Benedetto, Karl-Peter, Rum, Austria
Braun, Sepp, Munich, Germany
Brzoska, Roman, Bielsko-Biala, Poland
Canata, Gian Luigi, Turin ,Italy
Carmont, Michael, Boningale/Wolverhampton, United Kingdom
Della Villa, Stefano, Bologna, Italy
Denti, Matteo, Gravesano, Switzerland / Monza, Italy
Fehske, Kai, Würzburg, Germany
Felmet, Gernot, Villingen-Schwenningen, Germany
Grim, Casper, Osnabrück, Germany
Haasters, Florian, Munich, Germany
Herbort, Mirco, Münster, Germany
Hirschmüller, Anja, Freiburg, Germany
Hoffmann, Helmut, Donaustauf, Germany
Hörterer, Hubert, Rottach-Egern, Germany
Huylebroek, Jose, Brussels, Belgium
Imhoff, Andreas B., Munich, Germany
Izadpanah, Kaywan, Freiburg, Germany
Jones, Henrique, Montijo, Portugal
Kocaoglu, Baris, Istanbul, Turkey
Korolev, Andrey, Moscow, Russian Federation
Krutsch, Werner, Regensburg, Germany
Laver, Lior, Tel-Aviv, Israel
Lopez Vidriero, Emilio, Seville, Spain
Lukaszenko, Angelina, Warsaw, Poland
Mayr, Hermann, Munich, Germany
Menetrey, Jacques, Geneva, Switzerland
Najfeld, Michael, Munich, Germany
Niemeyer, Philipp, Munich, Germany
Osbahr, Daryl C., Orlando, United States of America
Papacostas, Emanuel, Thessaloniki, Greece
Prejbeanu, Radu, Timisoara, Romania
Seil, Romain, Luxembourg, Luxembourg
Thoreux, Patricia, Bobigny, France
Ueblacker, Peter, Munich, Germany
van Dijk, C. Niek, Amsterdam, The Netherlands
Waibel, Karlheinz, Planegg, Germany
Walden, Markus, Hässleholm, Sweden
Wallner, Hannes, Saalfelden, Austria



STOP SPORTS INJURIES – BACK TO SPORTS



Information

Organised by

Hermann Mayr (Germany)
Mirco Herbort (Germany)
Karl-Peter Benedetto (Austria)
Werner Krutsch (Germany)

Venue and hotel

Holiday Inn Munich – City Centre
Hochstraße 3
81669 Munich
Germany

Fiscal organiser, congress and exhibition management

Intercongress GmbH
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65185 Wiesbaden
Germany
esma-conference@intercongress.de
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INTERCONGRESS

www.esma-conference.org

Registration

Please register online at
www.esma-conference.org/registration

30 June 2017 Deadline early registration
30 September 2017 Deadline regular registration
from 1 October 2017 Beginning late registration



ESSKA-ESMA membership

Become an ESSKA-ESMA member and take advantage of reduced Congress registration fees and many more benefits! Further information online at www.esma-conference.org

Registration fees

	ESMA member	ESSKA member	Reduced fee*	Non member
Early registration	EUR 190	EUR 210	EUR 90	EUR 250
Regular registration	EUR 230	EUR 260	EUR 120	EUR 280
Late registration	EUR 250	EUR 280	EUR 180	EUR 310

*Non-physician, resident, trainee, student, physiotherapist, coach

Accommodation



Convenient, comfortably, cost-effective: Book your overnight stay directly at the congress venue – the Holiday Inn Munich – City Centre hotel.

Holiday Inn Munich – City Centre

Hochstraße 3, 81669 Munich
Germany

Single room: EUR 99
Double room: EUR 124
Breakfast per person: EUR 19,90 (mandatory)
Booking Code: ESSKA ESMA Open Meeting
Booking deadline: 30 September 2017
Book online at www.esma-conference.org/hotel